





# MONTHLY BULLETIN OF ROTARY CLUB OF BARODA SAYAJINAGARI

ISSUE 09, March2022 RY 2021-22





RI PRESIDENT Rtn. Shekhar Mehta



DISTRICT GOVERNOR Rtn. Santosh Pradhan



ASSISTANT GOVERNOR Rtn. Satish Mehta

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**HUMF Coordinator Cluster 4** *Rtn. Minal Shah* 

Membership Extn. Coordinator PP Rtn. Jay Shah

Health Preventive & Curative Coordinator PP Rtn. Dr. Ashwin Shah

**Bulletin Editors** *Rtn. Kokila Kothari Ann Nisha Gogate* 

Birthday / Anniversary Wishes Conveyor Ann Aarti Shah Ann Vaishali Bhayani





Is it the TRUTH?



Is it FAIR to all Concerned?



Will it build GOODWILL & BETTER FRIENDSHIP?



• Will it be BENEFICIAL to all Concerned?

# **PRESIDENT'S DIARY**

### **EDITORS DESK**





What "Service Above Self" means to me..

One of the things I love about Rotary is that the people who join have an innate desire to serve the community, both locally and globally. At a Rotary meeting, despite differences in profession, religion and general outlook, the people in the room are united in Rotary's mission to Serve, and to do so based on the principles of the 4-Way Test. Service Above Self means that we leave our egos at the door and join in our efforts to do what is best for the people we are serving. All members of RC Baroda Sayajinagari are ever ready and willing to contribute in their own way and to do the work that needs to be done. And I am indeed proud of the Service we have been able to deliver to the community Together!

We have conducted many Health camps, distributed Food to the poor, helped Covid affected families, conducted Personal Hygiene workshops for girl child, built a permanent Physiotherapy centre for the underprivileged, Reconstructed a toilet block, assisted Cataract Surgeries... and much more! Service Above Self is a motto we at RCBS have truly embraced. Let's keep doing the good work and Serve to Change lives!.

President Rtn. Rachana Parekh

### Dear Rotarians,

Feeling Blue? Green with envy? Are you seeing Red? Is your world Black and White? ... or are there any shades of Grey in it? Come to think of it ... we use them in our routine conversations .... and how!!

Colors have a different meaning and connotation to each of our lives. They play a vital role in how we respond to our surroundings; thereby affecting our moods and emotions.

A small thing such as gazing out of the window at a green patch for a few minutes helps calm our nerves or refocus, while wearing something bright on a rainy day boosts up our energy.

Surrounding ourselves with the right colors can improve our mood, relieve stress, and help us get a good night's sleep.

Right from our attires and our moods to the platter of food, colors impact and influence our personality and satiate taste buds. Our relationship with this entire spectrum of colors with all its hues is so natural / organic that we often take it for granted.

We need to embrace, explore and absorb the vibrancy of the range of colors we encounter in our lives ... to grow and evolve as better individuals ... to create our uniqueness.

Life is like a rainbow, you need both rain and sun to make it appear.

" When it rains look for rainbows, when its dark look for stars" ... Oscar Wilde

And right now its spring ... so let's soak in it!!

Ann Nisha Gogate & Rtn. Kokila Kothari Bulletin Editors 2021-2022

HUMF 02nd March 2022



We thank PP Rtn. Chetan & Ann Priya Dedhia for sponsoring HUMF (Dates and Channa). We also distributed Baby kits to all newborn babies which were given by our gracious donors

### **CLOSE BODY MEETING**

02nd March 2022

4th Close Body meeting for the year 2022-23 was called to discuss the accounts for the rotary year 2021-22. We thank PP Rtn. Chetan Dedhia for providing a meeting room for the same at his premises "Aurrum".

### **Support Rotary Causes**

When you give to The Rotary Foundation, you are directly supporting Rotary's work. Your gift makes our service projects — projects that eradicate polio, promote peace, and develop communities — happen.

### **WOMEN'S DAY CELEBRATION**

08th March 2022



Where there is a woman, There is Magic !!! Magic was spread around on Women's Day. We were delighted to see so many RCBS ladies participating in the Financial Awareness program on 8th March @Turtle Connect. It was full of fun learning. Along with the delicious Hi-Tea, a special mention should be given to the fact that this event had a professional lady photographer and delightful surprise gifts.

We Thank Turtle Connect Team and Rtn. Hitesh & Rtn. Krupa Mali for inviting and enlightening us on the importance of knowing your finances, how and in what to invest, with detailed insights on different segments of investments such as Mutual Funds, Gold, Silver ETF etc. We had a very nice and truly informative session.

# **MEGA HEALTH CAMP - Super Success!**

13th March 2022

PP Rtn. Dr. Ashwin Shah's invaluable support along with his team of 8 from Ganga Jamna Hospital was the backbone of the entire health check up camp. More than 270 people benefited from the camp. Even at completion of the camp timing, more than 250 people were in queue due to which we are planning to hold the camp again.

We thank Dr. Rupal Shah (Ophthalmologist) for sending Dr. Hitesh from her team for cataract detection. We also Thank Ann Heta Shah (RC Kalanagari) who gave her free services for Eye number check up. Reading Glasses were given to those who needed it. 2 Tricycles and 1 wheelchair were donated for the physically challenged. The sarpanch of Bhadarwa, Jyotsna ben and her better half Mahipatbhai gave wonderful support to successfully execute the event. Ann Sangita Matai, Ann Anupama Shah & Annet Rutvij Pritesh Shah participated with enthusiasm.













### **FELLOWSHIP - MOVIE SCREENING - KASHMIR FILES**

16th March 2022



The Kashmir Files - a hard hitting true story of Kashmir that every Indian must know. Once again Thank you Rtn. Amit Srivastava and Umesh bhai from Everest Group for bringing us all together and screening the film for us.

### **FELLOWSHIP - DHULETI CELEBRATION**

18th March 2022



Indeed a wonderful Dhuleti Celebration!!! Hats off to our dear PP Rtn. Jatin Shah & Ann Arti - their planning, enthusiasm & open hearted support is just awesome! Thanks to them, the festival of colours was so enjoyable! And was the party wild! Everyone was so sporting and full of the festival spirit-Thank you all for wholehearted dilkhol-ke participation that made the celebrations truly memorable!

# **DONATION OF WATER COOLER**

29th March 2022





Donation of water cooler at Lok Sahiyog Trust Makadamba. We thank Shri Laxminarain Gargji & Sec. Sandesh Garg for donating it. The total cost of the water cooler is Rs. 33,000.

# **RCBS PRISM**

# **FELLOWSHIP - DHULETI CELEBRATION**

18th March 2022



















# **CATARACT SURGERY CAMP**

26th March 2022

Glad to share that DG Santosh Pradhanji and ACP Varotariyaji inaugurated the Free Cataract Surgery Camp today at Centre for Sight.

RCBS planned to sponsor 25 free surgeries of which the 1st 5 surgeries were conducted on 26th March. We thank Dr. Ashwin Shah & Ganga Jamna Hospital for supporting us with to & fro transportation of patients from Bhadarva village.

We Thank all the Donors who supported the cause, Ashwinbhai, Pinakinbhai, Chetanbhai, Hetalben Shah, Bijalben, Sneha Ben and our dear Interactor of Baroda Sayajinagari for gracing the inaugural function.











### **SECOND CATARACT SURGERY CAMP**

31st March 2022

Deputy Mayor Smt. Nandaben Joshi & Shri Kirit Joshi visited the Cataract Surgery Camp. We thank PP Rtn. Ashwin Shah, PE Minal Shah & Ann Nisha Gogate for attending.

We are Thankful to all the gracious Donors who have supported the cataract surgery camp.Rtn. Anjal Patel - 10 Surgeries, Shri L.N.Garg - 3 Surgeries, PP Rtn. Pinakin Shah - 2 Surgeries, Rtn. Jayprakash Rao - 2 Surgeries, Ann Sonal Amin - 2 Surgeries, PP Rtn. Manish Parekh - 2 Surgeries, Shri Pranav Shah (non-rotarian) - 2 Surgeries, Rtn. Darshan Vyas - 1 Surgery, PP Rtn. Bhavin Shah - 1 Surgery, Rtn. Hetal Shah - 1 Surgery, PP Rtn. Chetan Dedhia - 1 Surgery, Interact Club of Baroda Sayajinagari - 1 Surgery, Anonymous Donors - 2 Surgeries



# **RCBS BYTES**

The war in Ukraine is having devastating consequences on civilians as families flee their homes. According to the United Nations, more than 3.5 million people, most of them women and children, have sought refuge in neighboring countries and across Europe, while about 7 million more people have been displaced within Ukraine.

Rotary and Rotaract clubs in Europe and around the world have taken swift action and are working with members nearby to provide food, water, medical equipment, and shelter for refugees.

Ukraine has 62 Rotary clubs and six satellite clubs with about 1,100 members, and 24 Rotaract clubs with more than 300 members.

District 2232 (Ukraine and Belarus) formed a committee to help people affected by the crisis. It has launched an appeal to Rotary members worldwide for funds to provide basic necessities.

The city of Lviv has had an influx of people displaced from other cities around Ukraine. The Rotary Club of Lviv International, working with local authorities and major hospitals, created an online spreadsheet of relief items that can be accessed by people who want to help. Members arrange for the donated items to be delivered to hospitals and coordinate storage with local warehouses.

The Rotary Clubs of Europe is coordinating contributions and mobilizing members to donate necessities and deliver the items to where they're needed.

# **DISTRICT BEAT**



PETS / SETS for RID 3060 @Vapi...

Rtn PE Minal Shah and Rtn Col Milind Gogate attended PETS / SETS @Vapi on 12 & 13 Machr 2022. RC Vapi put in great effort for this signature event, which kick-starts the proceedings for the Rotary Year 2022-23

Both the days were packed with sessions meant to enlighten the new teams and refresh the more experienced Rotarians. Sessions by Rtn PDG Sunnil Mehra, Rtn PDG Niax Mufti and Rtn PP Dr Laxmikant Kasat stood out due to their innovative contents. It was a good opportunity to understand the Ethos of Rotary. Further, the event acted as an ice-breaker for PEs and SEs of various clubs. The enthusiasm and energy experienced indicated the zeal of RID 3060 to carry forward the legacy being handed over Year after Year...

That interaction re-affirmed the fact that RCBS is one of the more vibrant clubs...





### Orientation Meeting for PE & SE

Orientation/ice breaking meeting for PE and SE 22-23 of Baroda clubs, was held on 5th March under the leadership of Cluster Secretary zone 5 PP Rtn. Kalpesh Shah with 3 AG's of Baroda namely PP Rtn. Manisha Bhatt, PP Rtn. Jay Shah, PP Rtn. Devang Shah. Rtn. Col.Milind Gogate and PE Minal Shah attended the meeting.



# **MEMBERS' ACHIEVEMENTS**

# ETHEREUM

We heartily congratulate Rtn. Niketu Shah for winning the Baroda Open Lawn Tennis Finals.



Rtn. Deval Shashtri gave a talk on - रहे न रहे हम, महका करेंगे at Rotary Club of Mehsana.

# **MEMBERS' ACHIEVEMENTS**



Isha Amin

Hello, my name is Isha Amin and I am the elder daughter of Rtn Dharmendra Amin and Sonal Amin. I am a Physician Assistant (PA), currently working in the Cardiology Department of the Duke University Medical Center, North Carolina, USA. You're thinking, "What is a Physician Assistant?"

In the 1960s, physicians and educators recognized the shortage of primary care physicians. To address this gap, the first class of Physician Assistants was put together at the Duke University, which remains the #1 University for PA education. Basically, it is a fast-track program to train PAs, who provide medical care with indirect supervision of a physician. Initially created to fill primary care positions, now Physician Assistants are found in every specialty around the world.

Every day, I treat seriously ill cardiac patients, and there is nothing more rewarding to me than when a patient gets better and goes home to his/her family. My passion to become a PA actually came from my passion for patient education. As a PA, I spend a significant amount of time educating patients, so that they have a better understanding of their disease processes and treatment plan. I believe that a person's health is in the hands of 3 people: their provider, their caretaker and they, THEMSELVES. I am honored to work alongside and learn from brilliant PAs and MDs who are involved in cutting-edge research. Did you read about the world's first heart/thymus transplant in a 7-month-old infant in the \*\*\* newspaper? This was Duke's most recent success. We have many ongoing clinical trials that will provide better treatment options for various heart diseases. My role is also to identify patients who are good candidates for these ongoing trials.

When I'm not in the hospital, I spend time indulging in hobbies such as hiking, cooking new recipes, reading self-help books and dog-walking. I love plants, and I'm working on building an herb garden for my kitchen. Every once in a while, I will pick up shifts to provide covid education and free vaccinations to the underserved communities in

my area

# **BIRTHDAYS FOR THE MONTH OF APRIL 2022**



07-Aprr-22 Anjal Patel

13-Apr-22 Rtn Milind Gogate

18-Apr-22 Ann Hema Shastri

21-Apr-22 Rtn Minal Shah

21-Apr-22 Ann Priya Dedhia

24-Apr-22 Darpan Amin

27-Apr-22 Rtn Bhargav Bhatt

30-Apr-22 Ann Purvi Shah

# **ANNIVERSARIES FOR MONTH OF APRIL 2022**

21-Apr-22 Rtn Bhargav & Ann Toral Bhatt



Rtn Dr. Nikunj & Ann Darshana Chavda

# **UPCOMING EVENTS OF APRIL 2022**



04-Apr-22 Toilet Block Donation at Sindhrot School

06-Apr-22 HUMF

07-Apr-22 Cataract Surgery Camp

16-Apr-22 Talk on Preventive measures

for Breast Cancer

17-Apr-22 Baisakhi Fellowship

# **TRIVIA**

### 1 word for the following......







Club no.: 30298 / RID: 3060 Charter Date: 30.06.1994

### Rachana Parekh

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Rotary Club of Baroda Sayajinagari 30298



Rotary Club of Baroda Sayajinagari Service Above Self



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